## 31st Annual

# **Rheumatology Update Symposium**



Friday, June 4th, 2021 Virtual Conference

# **AGENDA**

- 7:50 Welcome to the 31st Iowa Symposium Dr. Bharat Kumar and Dr. Svjetlana Dolovcak 8:00 Robert F. Ashman lecture: Systemic lupus erythematosus updates Dr. Betty Diamond 9:00 **Burnout in Medicine and Rheumatology** Dr. Bharat Kumar 10:00 Break 10:15 Adult onset Still's disease: diagnosis, complications and clinical outcomes Dr. Aleksander Lenert and Dr. Vijay Aluri 11:15 Role of the Short arm of Chromosome 8 in controlling tolerance and autoimmunity Dr. Petar Lenert
- 12:00 Break
- 1:00 TBD Dr. Betty Diamond
- 2:00 Paul Strottman lecture: Sarcoidosis
  Dr. Nabeel Hamzeh
- 3:00 Break
- 3:30 Update on non-uric acid triggered crystal arthropathies
  Dr. Rebecca Tuetken
- **4:00** Mini Thieves Market (Case Presentations)
  Dr. Brittany Bettendorf and Rheumatology Fellows
- 5:00 Adjournment

# **OBJECTIVES**

Upon completion of this course, participants will be able to:

**DETERMINE** the optimal therapeutic approaches for management of different forms of systemic vasculitis.

**OUTLINE** the reasons for physician burnout and strategies on how to improve it.

**DISCUSS** clinical comorbidities causing MAS/ HLH manifestations in patients with Still's disease.

**EXPLAIN** the role of Chromosome 8 in controlling tolerance and autoimmunity.

**IDENTIFY** the diverse manifestations of sarcoidosis.

**SELECT** therapeutic options for managing acute nongouty crystalline arthropathies.

**APPRAISE** diagnostic reasoning skills in patients with immune disorders and on immunomodulators.

**DISCUSS** rare and unusual cases and side-effects to certain medications.



# **VISITING SPEAKERS**



# **Betty Diamond, MD**Institute of Molecular Medicine

Head/Professor, The Center for Autoimmune,
Musculoskeletal and Musculoskeletal Disease
Feinstein Institutes for Medical Research
Northwell Health

#### Vijay Aluri, MD

Physician's Clinic of Iowa Department of Rheumatology

## **UNIVERSITY OF IOWA SPEAKERS**

## **DIVISION OF PULMONARY MEDICINE**

#### Nabeel Hamzeh, MD

Clinical Associate Professor of Medicine

### DIVISION OF IMMUNOLOGY

#### **Bharat Kumar, MD, MME**

Clinical Assistant Professor of Medicine Co-Director, Rheumatology Symposium

#### Svjetlana Dolovcak, MD

Clinical Assistant Professor of Medicine Co-Director, Rheumatology Symposium

### Petar S. Lenert, MD, PhD

Clinical Professor of Medicine

#### Rebecca Tuetken, MD, PhD

Clinical Professor of Medicine

#### Aleksander Lenert, MD, MS, FRCP

Clinical Associate Professor of Medicine

#### **Brittany Bettendorf, MD**

Clinical Assistant Professor of Medicine

#### Carleigh Zahn, DO

Rheumatology Fellow

#### Matthew Mandell, DO

Rheumatology Fellow

#### Jenny Strouse, MD

Rheumatology Fellow

# **GENERAL INFORMATION**

### **Intended Audience**

Physicians, nurse practitioners, physical therapists, occupational therapists, and other arthritis health professionals.

## **Registration Fees**

The fee is \$90 for physicians and \$55 for nurses and allied health care professionals. Adjunct faculty members of the UI Carver College of Medicine and retired physicians may register for a fee of \$45. Nurses and allied health care professionals of the UI Carver College of Medicine may register for a fee of \$40. All fees include registration, CME and CEU recording, and syllabus material. While registration is open until the start of the symposium, we encourage early registration to enable us to provide the best possible service to participants. A \$25 fee will be charged for canceled registrations. No refunds will be given for cancellations made after May 24, 2021.

## **Syllabus Materials**

Course syllabus materials will be emailed as a link to registered participants the week of the symposium. Print copies of the syllabus will not be provided. Participants are encouraged to download or print materials in advance.

## **Continuing Education Credit**

The UI Carver College of Medicine is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

PHYSICIAN: The UI Carver College of Medicine designates this live activity for a maximum of 7.25 *AMA PRA Category 1 Credits*™. Physicians should claim only the credit commensurate with

the extent of their participation in the activity.

**St** lowa nurses may use participation in ACCME-accredited education toward their CE requirement for licensure. A certificate of participation will be available after successful completion of the activity. Please review the lowa Board of Nursing's website for more information.

## OTHER HEALTH CARE PROFESSIONALS: All other health

care professionals will receive a certificate of completion for this course. It is the responsibility of each attendee to determine if the continuing education programs they attend meet the requirements of their professional licensure board.

#### **DISCLOSURE POLICY**

Everyone in a position to control the content of this educational activity will disclose to the CME provider and to attendees all relevant financial relationships with any commercial interest.

Determination of educational content for this program and the selection of speakers are responsibilities of the program director. Firms providing financial support did not have input in these areas.

The University of Iowa prohibits discrimination in employment, educational programs, and activities on the basis of race, creed, color, religion, national origin, age, sex, pregnancy, disability, genetic information, status as a U.S. veteran, service in the U.S. military, sexual orientation, gender identity, associational preferences, or any other classification that deprives the person of consideration as an individual. The university also affirms its commitment to providing equal opportunities and equal access to university facilities. For additional information on nondiscrimination policies, contact the Director, Office of Equal Opportunity and Diversity, the University of Iowa, 202 Jessup Hall, Iowa City, IA, 52242-1316, 319-335-0705 (voice), 319-335-0697 (TDD), diversity@uiowa.edu.



# **REGISTRATION**



# 31st Annual Rheumatology Update Symposium Friday, June 4th, 2021 • Virtual Conference

Please print clearly.			
Name:			
Address:		Primary Degree	
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Email:			
REGISTERATION FEES			
Physician @ \$90		\$	
Nurse/Allied Health Professional @ \$55		\$	
UI /Adjunct/Retired @ \$45		\$	
UI Nurse/Allied Health Professional @ \$40		\$	
Method of Payment (	Registration is confirmed when payment is received.)		
Enclosed is a check made payable to The University of Iowa for a total of		\$	
TWO WAYS TO REGISTER			
medicine.	.uiowa.edu/cme (Click on Upcoming Programs)		
Mail checks only to	University of Iowa Carver College of Medicine Continuing Medical Education Division 100 Medicine Administration Bldg. Iowa City, IA 52242-1101		

For additional information on this program and other upcoming CME programs at the UI Carver College of Medicine, please visit *medicine.uiowa.edu/cme*.

The University of Iowa requests this information for the purpose of processing your registrations. No persons outside the University of Iowa are routinely provided this information.